

Jubilee Year 2025



What is a Jubilee Year?

It is a special year of grace now celebrated every 25 years. It is a call for spiritual renewal and offers the opportunity for a special Jubilee plenary indulgence.

Where did Jubilee originate from?

It is from Jewish tradition (Leviticus 25:8-13) where a special jubilee year of restoration and reconciliation was called.

In 1300, Pope Boniface VIII called the first Holy Year.

What is a Jubilee Indulgence?

A special plenary indulgence is offered this year. It is a grace granted by the Catholic Church through the merits of Jesus Christ to remove the temporal punishment due to sin.

Pope Francis explains it is “a way of discovering the unlimited nature of God’s mercy.”

Requirements for the Jubilee Plenary Indulgence



GO TO CONFESSION & BE IN A STATE OF GRACE



RECEIVE HOLY COMMUNION



PRAY FOR POPE FRANCIS & HIS INTENTIONS



COMPLETE ONE OF THE FOLLOWING:

- **Take a Pilgrimage to Rome** and walk through one or all four Jubilee Holy Doors
- **Make a local Pilgrimage** to designated pilgrim churches such as St. Mary’s Cathedral Basilica in Galveston or Co-Cathedral of the Sacred Heart in Houston
- **30 minute of prayer time** such as Adoration (scan QR code below to sign up), Rosary, or Divine Mercy Chaplet
- **Faith formation, mission, or spiritual opportunities**
- **Reading Scripture for 30 minutes**
- **Complete Corporal or Spiritual Works of Mercy** to the poor, vulnerable, imprisoned, or sick
- **Carry out a penitential act** such as abstaining from meat, fasting from food, or fasting from entertainment

