





———— ACTS IT OUT ————

Keep track of the points you earn each week by participating in activities that fall under one or more of the ACTS categories.

JANUARY 2025

DATE	ACTIVITY/EVENT	ADORATION 	COMMUNITY 	THEOLOGY 	SERVICE 	TOTAL
CUMULATIVE TOTAL						

*DAILY = 4 POINTS, WEEKLY = 3 POINTS, MONTHLY = 2 POINTS, YEARLY = 1 POINT; 1 ADDITIONAL POINT PER EACH ADDITIONAL HOUR

FLEX & REFLECT

At the end of the month, take time to reflect on your journey:

IMPROVEMENTS FOR NEXT MONTH

I AM GRATEFUL FOR...

ACOMPLISHMENTS

CHALLENGES

WHAT WAS THE HIGHLIGHT OF MY SPIRITUAL FITNESS JOURNEY THIS MONTH?

TRAIN YOURSELF FOR GODLINESS.

1 TIMOTHY 4:7