



Lenten Checklist for SSJ Families

Keep track of all the SSJ offering for you and your family this Lent with this handy checklist. Make sure you find something in each category to help you journey closer to Christ.



- 2/28 7pm Jubilee Mass**
Begins the Eucharistic Novena
- 2/28-3/8 Eucharistic Novena**
Family Holy Half-Hours at 4-4:30pm & 4:30-5pm daily
- 3/4 6:00pm Family Holy Half-Hour**
before 6:30pm Mardi Gras event
- 3/5 Ash Wednesday Mass with Ashes** (8:30a/12p/4p/6:30p)
- 3/5 Begin Hallow Challenge**
"Lent Pray 40" (adults/teens)
"The Little Way" (children)
- 3/5 Begin Jesus Tree**
Family at-home devotion of a daily reading from Matthew and a prayer for your family's intentions.
- 3/5 Begin "Renewal in the Midst of Challenge,"**
Weekly Lenten Reflections with faith-sharing for small groups
- 3/7 7pm Stations of the Cross followed by a Healing Service**
- 3/8 8:30am-3pm Lenten Day of Reflection Retreat**
- Fridays of Lent at 7 pm Stations of the Cross**
- 4/3 6:30pm Holy Hour for Vocations** all ages welcome, light snack following and Confession is available
- Find prayers and incredible resources on Hallow**
- Sign up to host one of the traveling Statues at SSJ - Pilgrim Virgin Statue, Vocation Crucifix, or Holy Infant Jesus of Prague** that includes daily prayers.

- Ash Wednesday and Good Friday**
Days of **fasting** for ages 18-59
"One full meal, as well as two smaller meals that together are not equal to a full meal."
- Ash Wednesday and all Fridays of Lent including Good Friday**
Days of **abstinence** for ages 14+
Abstain from meat.
- Give up something that will challenge you and allow for spiritual growth.
- Fast from social media, entertainment during Lent, or on specific days to have more time to spend with others and focus more on praying.

RECONCILIATION SCHEDULE

Cleanse your soul and renew your relationship with Jesus.

- March 19th 6pm-8pm Lenten Reconciliation Service**
at St. Anthony of Padua with over 20 priests available
- [Reconciliation at Sts. Simon&Jude](#)
- Wednesdays**
11-11:45am and 12:30pm
before and after the noon mass
- Saturdays**
4pm *before the 5 p.m. Mass*
- 1st Saturday of the Month***
10:30-11:30am
**confession in Spanish is offered*

- 3/11 9am - 2pm Bake Cookies**
for St. Joseph's Altar
- 3/13 9a-2p Bake Bread**
for St. Joseph's Altar
- 3/15 9 am Campus Cleanup**
- 4/4 & 4/5 Food Packing Event**
- 4/17 - 4/19 Holy Week Missions**
- Guardian Angel Closet**
Donate or come volunteer
- SVdP Food Donations**
- Loaves & Fishes**
1st & 3rd Wednesdays of each month 9am-Noon
- Rice Bowl - Weekly**
Every Sunday during Lent
Children bring back their donations

HOLY WEEK SCHEDULE

Join in for the culmination of Lent at the magnificent liturgies of Holy Week!

- 4/13 Palm Sunday Masses**
follows usual Mass Schedule
- 4/17 7pm Holy Thursday Mass**
- 4/18 3pm or 7pm Good Friday Service**
- 4/19 8:30pm Easter Vigil**
- 4/20 Easter Masses**
Usual Mass Schedule with addition of 6am Sunrise Mass

"Lent comes providentially to reawaken us, to shake us from our lethargy." Pope Francis