

SSJ Family Lenten Challenge

On our Pilgrimage home to the Kingdom of God, we have the sure and certain hope that Jesus Christ in the Paschal Mystery will help us overcome the difficulties, disappointments, sufferings, and evil that we encounter on our journey. During this Lent, let us bring our families on a special Lenten Journey closer to Jesus.

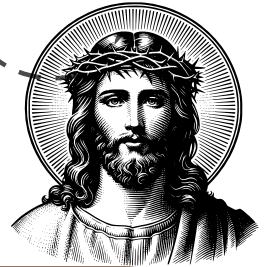
To prepare for Lent – come to a Holy hour or a holy half-hour during continuous Adoration from **February 28–March 8**. Sign up at QR code below for any hour that fits your schedule!

Family Friendly Holy Half-Hour
4:00–4:30, 4:30– 5pm daily
families with children can come to Jesus just as they are – whether they lay on the floor, move around, or even cry will be offered



Family Intentions - pray during Lent for Healing and Guidance on an issue your family is facing. Have each family member write an intention praying for that difficulty every day

Daily Scripture – read a daily Scripture passage from the Gospel of Matthew that is listed on the Jesus Tree to enable your family to walk with Jesus this Lent



ENTRUSTING OUR FAMILY TO JESUS

All: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Reader: I sought the LORD, and he answered me, delivered me from all my fears. (Psalm 34:5)

All: Jesus, we trust in you.

Reader: Look to him and be radiant, and your faces may not blush for shame. (Psalm 34:6)

All: Jesus, we trust in you.

Reader: This poor one cried out and the Lord heard, and from all his distress he saved him. (Psalm 34:7)

All: Jesus, we trust in you.

Reader: Taste and see that the Lord is good. (Psalm 34:9)

All: Jesus, we trust in you.

Read the day's daily reading from the Jesus tree listed on the other side of this page

Leader: Let us take a moment to entrust each of our family member's intention to Jesus that He might bring about healing and peace within our family.

Each member now offers his/her intentions to Jesus aloud

Leader: Holy God, please guide us and help us to resolve any conflicts and struggles within our family. May we always strive to be a source of love, encouragement, and inspiration to one another. May we be grateful for the many ways in which family enriches our lives. Thank You for we confidently know that we can place our trust in You to maintain peace and love in our family.

All: In Jesus' name, we pray. Amen. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

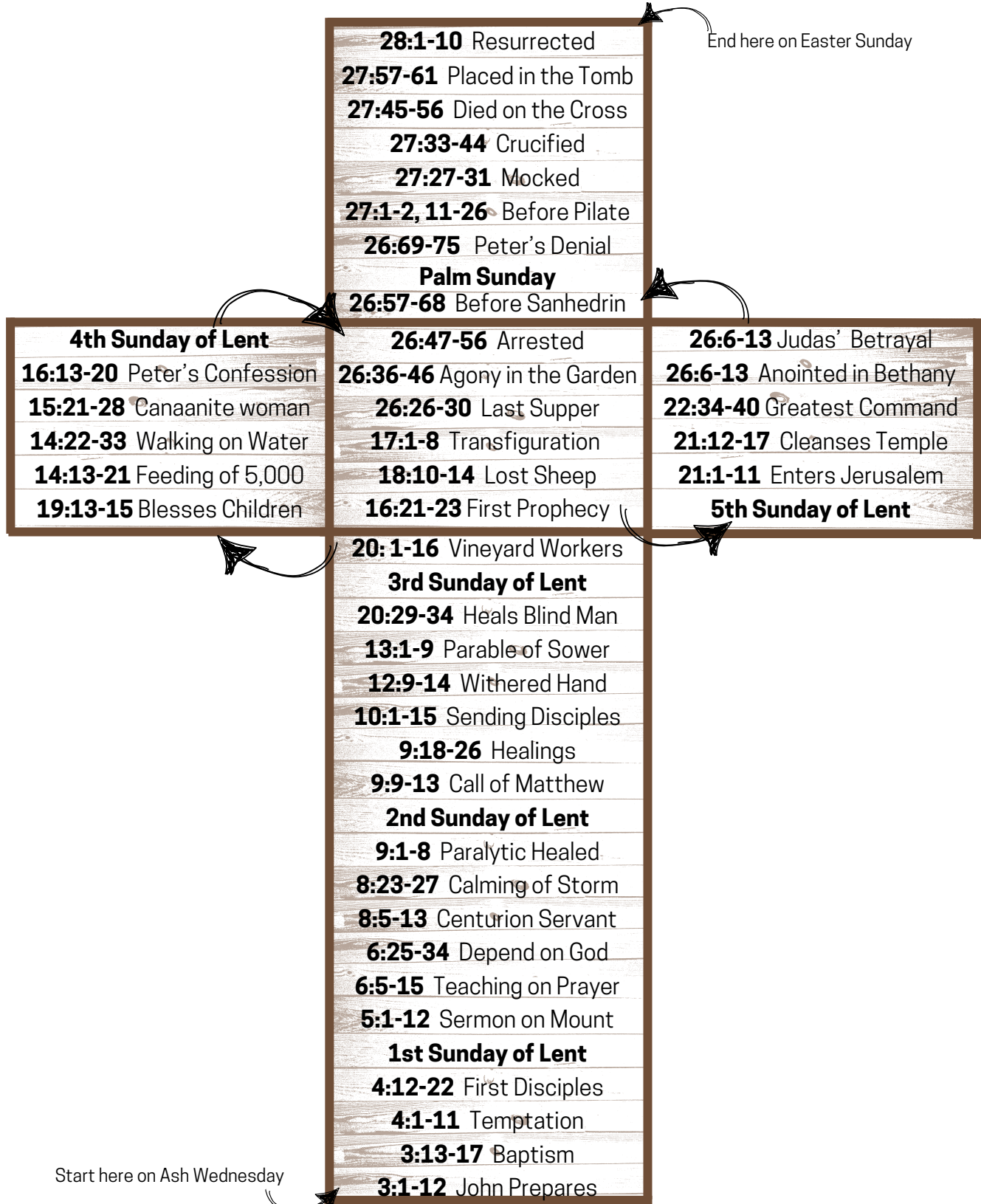
The Jesus Tree

Family Lenten At-Home Devotion

Journeying with Jesus through the Gospel of Matthew

Directions: At the appointed time during the prayer service on the other side of this page, you will **read the day's passage** listed below. After reading the passage, **color in the day's "plank"** to slowly color in the cross during Lent. You can use a brown marker or colored pencil. **Follow the arrows** to continue the correct flow of daily readings.

Note - On Sundays, there is no specific reading so you can instead reflect on that Sunday's Gospel reading.



Turn over for the prayer service to be completed with the daily reading.